

Dear Rhythmic Gymnastics Friends!

It is our great honor to invite you to our traditional international
41.MAY TOURNAMENT

held on 20 and 21 May 2023. in Zagreb, Croatia

<i>HOST ASSOCIATION</i>	ZAGREBAČKI GIMNASTIČKI SAVEZ SAVSKA 137, 10000 ZAGREB
<i>ORGANIZER</i>	Gimnastički klub Maksimir Trg Krešimira Čosića 11, Zagreb, Hrvatska E-mail: gkmaksimir@gkmaksimir.hr Website: http://gkmaksimir.hr/
<i>COMPETITION DATE</i>	20.-21.05.2023.
<i>COMPETITION HALL</i>	XV. gimnazija Mioc Jordanovac 8
<i>ACCOMMODATION</i>	Our recommendation: Funk Lounge Hostel (Hostel is near the hall, 5min walk) Ivana Rendića 28 b , 10000 Zagreb 6-bed / 4-bed / 3-bed rooms In the immediate vicinity of the sports hall you can find the following accommodation in your own arrangement: 1. http://www.hotelrebro.com/ 2. http://www.hotel-maksimir.hr/en/ All delegations organize accommodation independently *
<i>TRANSPORTATION</i>	Transportation of the delegation from the Zagreb Airport, the bus station or the train station to the hotel and back is free of charge
<i>PROGRAMME</i>	Friday, 19.05.2023. arrival of delegations to the hotel Saturday 20.05.2023. individual competition Sunday 21.05.2023. group program, duo, trio
<i>DELEGATION</i>	2 gymnasts per category , 1 coach , 1 judge 2 groups / 2 duo / 2 trio per category 3 gymnasts per category for national level The performance of a larger number of gymnasts/groups/duo/trio is allowed with timely announcement of the organizing club and upon payment of €10 increased registration fee for an additional gymnast/group/duo/trio
<i>Entry fee</i>	<ul style="list-style-type: none">• 40€ 1-2 exercises per gymnast• 50€ 3 exercises per gymnast• 50€ duo / trio• 15€ national level• 80€ group• 100€ for missing judge

41. MAY TOURNAMENT, ZAGREB
20.-21.05.2023., XV.gimnazija – Jordanovac 8

<i>MEALS /BANQUET</i>	On the day of the competition the club organizer will provide a free lunch for all participants and judges and trainers.
<i>INSURANCE</i>	We ask all participating clubs to have adequate insurance for all delegation members, and valid medical certificates. The organizer of the competition will not be responsible in case of illness, injury, etc.
<i>MEDICAL SERVICES</i>	There will be Medical services provided.
<i>MUSIC</i>	Music will be accepted on CD and back-up copies must be available Send the music in mp3 at: https://rgform.eu/event.php?id_prop=4611 until 14.05.2023.
<i>RG SHOP</i>	Yes
<i>REGISTRATION DEADLINES</i>	Nominative registration: 01.05.2023. Definitive registration: 10.05.2023. Music: 14.05.2023.
<i>CONTACTS</i>	Gđica. Matea Stojaković e-mail: Matea.stojakovic@gmail.com Gđa. Mirjana Starčević, (+385 91) 514 5283, e-mail: mstarc13@gmail.com Gđa. GordanaCimaš, (+385 99) 353 9357, e-mail: gimgoga@net.hr



PROGRAMME

	<i>ABSOLUTE PROGRAM Individual program</i>	<i>FREE PROGRAM Individual program</i>	<i>FREE PROGRAM/DUO,TRIO Group program</i>	<i>ABSOLUTE PROGRAM Group program</i>
<i>BABY/MINI</i>		2015.g i ml WA DB 3- 6 max 1“slow turn“ W min 2 S min 2 E 10,0 A 10,00	2015. g i ml 1'15"-1'30" Bez rekvizita DB max.4 težine iz svake grupe min.1 DC min 3 max 10 min4 formacije S min 1 , W min 2 E 10,0 A 10,00	2015. g i ml 2'15"-2'30" Bez rekvizita DB max.5 težine iz svake grupe min.1 DC min 3 max 12 S min 2 , W min 2 E 10,0 A 10,00
<i>YOUNG CADETS</i>	2013.g WA and 1 app by choice ●● U DB 3- 7 max 1KDB max 1“slow turn“ W min 2 R min 1 max 3 DA min 1max 10 E 10,0 A 10,0	2014./2013. g. 1 exercise by choice WA, U●● DB 3 - 7 max 1 „slow turn“ W min 2, S min 2 R min 1 max 3 DA min 1 max 8 E 10,00 A 10,00	2013.g.i ml. 1'15"-1'30" 2 WA and 3 U●● DB max 5 DB /DE (1 by choice) DB min 3 ,DE min 1 DC min 3 max 10 4 formation , R 1 max (allowed 1 rotation) S min 1, W min 2 E 10,00 A 10,00	2013.g.i ml. 2'15"-2'30" ○ or ● DB max 6 DB /DE (1 by choice) DB min 3 ,DE min 2 DC min 3 max 12 R 1 max (allowed 1 rotation) S min 2 , W min 2 E 10,00 A 10,00
<i>CADETS</i>	2012/2011.g 2 app by choice U●● DB 3-7 max 1 KDB max 1“slow turn“ W min 2 R min 1 max 4 DA min 1 max 15 E 10,00 E 10,00	2012./2011g 1 app by choice U●● DB 3- 7 max 1 KDB max 1“slow turn W min , S min 2 R min 1 max 3 DA min 1max. 10 E 10,00 A 10,00	2011g. i ml. 1'15"-1'30" App by choice DB max 6 DB/DE (2 by choice) DB min 3 , DE min 1 DC min 3 max 10 5 formation R 1 max (allowed 1 rotation) S min 1, W 2 min E 10,0 A 10,00	2011g. i ml. 2'15"-2'30" 5● or 5○ or 5 DB max 8DB/DE (2 by choice) DB min 3 , DE min 1 DC min 3 max 18 CCmin2 R 1 max S min 2 , W 2 min E 10,0 A 10,00
<i>JUNIORS</i>	2010./2009./2008g 2 -3 app by choice U●● F.I.G.	2010./2009./2008.g 1 app by choice ●● U DB 3-7 max 1 KDB max 1“slow turn W min 2 , S min 2 R min 1 max 4 DA min 1 max. 12 E 10,00 A 10,00	2010.-2008.g 2'15"-2'30" App by choice DB max 7DB/DE (2 by choice) DB mn 3 ,DE min 2 DC min 3 max 12 6 formation R 1 max (allowed 1 rotation) S min 2,W 2 min E 10,0 A 10,00	2010.-2008.g 2'15"-2'30" 5● DB max 8DB/DE (2 by choice) DB mn 3 ,DEmin 2 DC min 3 max 18 CC min 3 R 1 max S min 2 ,W 2 min E 10,0 A 10,00
<i>SENIORS / YOUNGER SENIORS</i>	2007.g i starije 2-3 app by choice ●● F.I.G.	2007.g i starije 1 app by choice DB 3 -8 max 1 KDB max 1“slow turn W min 2 ,S min 1 R min 1max 4 DA min 1 max. 17 E 10,00 A 10,00	2007.g i starije 2'15"-2'30" 2 app by choice DB max 8 DB/DE (2 by choice) DB min 4 , DE min 2 DC min 3 max 15 6 formation S min 2 , W 2 min R 1 max (allowed 1 rotation) E 10,0 A 10,00	2007.g i starije 2'15"-2'30" 5○ or 3 +2● DB max 10 DB/DE (2 by choice) DB min 4 , DE min4 DC min 3 max 23 S min 2 , W 2 min R 1 max (dozvoljena 1 rotacija) E 10,0 A 10,00

*DUO / TRIO – Exercise Duration 1'15"-1'30" for all categories